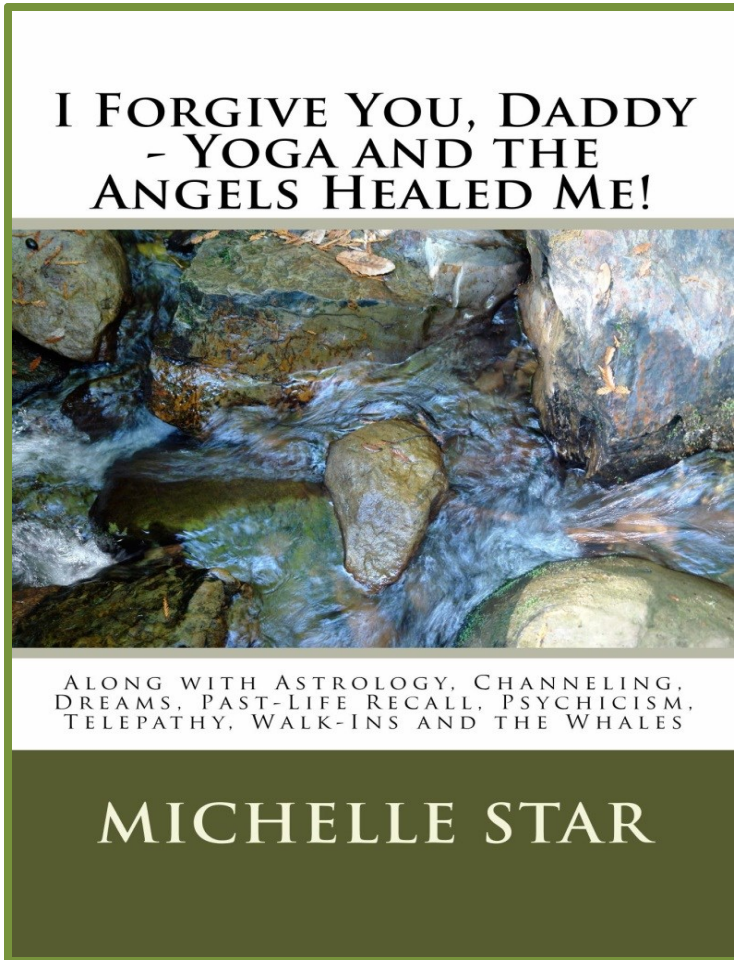


ANNOUNCING New Author, Michelle Star



A deeply moving account of how one can be pushed to the edge of darkness and utilize these healing tools to return to the Light.

Amazing stories within, people are saying they can't put it down!

Endorsement: "For anyone walking a path of healing, this book is a beacon of light pointing a way forward. With such grace and openness, Michelle Star shares her personal healing journey. Her wisdom and profound courage are touching and deeply inspiring."

--Robert Schwartz, between lives regression therapist, author of *Your Soul's Gift: The Healing Power of the Life You Planned Before You Were Born*

Available at www.createspace.com/4991332, Amazon.com and Kindle

With a proven track record over a span of nearly 30 years, Michelle has received recognition as a dedicated professional in the fields of Yoga and healing. She conducted the Yoga therapy classes for the Cleveland Clinic's scientific study in 2000 entitled, "The Impact of Yoga on a Chronic Pain Population," demonstrating how Yoga can be a therapeutic tool for a range of physical and emotional challenges. She taught for Clinic employees for over 5 years and operated her own Yoga studio in Middleburg Heights, OH. Much of Michelle's career has been spent traveling as a Yoga and Reiki instructor, leading classes and workshops in Ohio, Michigan, Indiana and Pennsylvania (and now Florida). Certified by Kripalu in Massachusetts.
www.michellestaryoga.com - michellestaryoga@gmail.com

