

Recovering From Lyme Disease:

According to CDC recent statistics, there are more than 300,000 new cases of Lyme disease diagnosed in the United States every year. There is no accounting of the cases that are undiagnosed. Both diagnosed and undiagnosed cases can lead to complex and ongoing neurological, physical and emotional problems. Many people who are diagnosed immediately can heal after a 6 week program of antibiotics, but there is a large percentage who do not. 440,000 - 880,000 Americans continue to experience symptoms even after treatment, known as Post Treatment Lyme Disease.

The current gold standard diagnostic testing for Lyme disease misses up to 60% of cases of early-stage Lyme. Most people never recall being bitten. Less than half ever show the telltale bullseye rash. As many as 20 % continue to experience symptoms even after treatment. Being diagnosed with Lyme, or any other disease, has an emotional signature that can partially shut down your immune system response. I have found that the tools of PSYCH-K and Body Code can be very effective in helping clients navigate through the complex labyrinth of Lyme treatment and recovery. Addressing your subconscious beliefs regarding your ability to heal, and identifying and releasing trapped emotions centered around your experience of Lyme, can help to keep your immune system strong and your attitude positive.

Using The Health Core Belief Balance in PSYCH-K allows us to see exactly what are the subconscious beliefs regarding your ability to heal. The negative beliefs that you may be holding, and not consciously aware of, can be an unwelcome load to an already over-burdened immune system. With PSYCH-K, we change your subconscious beliefs to positive and valuable core beliefs, allowing your immune system to more fully function.

Body Code is another effective tool to address a chronic Lyme infection, and works hand in hand with PSYCH-K. The Body Code can indicate how well your immune system is functioning, and what imbalances in your system we need to address in order to improve its functioning. The Body Code indicates to us what glands and organs are imbalanced and why they are functioning at less than optimal. The Body Code System allows us to pinpoint the specific imbalances, many times emotional, that are having a detrimental effect on a particular organ or gland. Releasing any and all indicated imbalances greatly improves the functioning of that organ or gland, and, hence, boosts your body's capacity to cope with the Lyme infection.

These trapped emotions can impact your general health and your ability to develop a strong immune system needed to fight this infection. Case studies documented on the Bay Area Lyme Foundation website constantly demonstrate that these infections are a disaster not only to the recipient but also to their marriages and families. All the tools that are available to us need to be emphasized.

A compromised immune system requires good diet choices that build healthy gut bacteria. I can muscle test for the best food choices for your condition. Eating the correct diet suited to your condition means that your emotional body is more flexible to get well. I have heard stories of fear speaking to strangers, agoraphobia, other extreme phobias, the sound of breathing, about being sick and about heart rate issues. Phobias that can push people to the verge of suicide.

I work and see people with similar health issues from around the world, on Skype and Face time, from my home in Santa Cruz, CA. Please call me and we can talk about Lyme disease recovery and all the emotions and beliefs that surround this infection. Initial discussions, of course, are complimentary.

Inquire about our upcoming home-stay program.