

Awakening to Your Inner Healer

Four days for transformation, integration & renewal



Join us for four days of exploring our inner realms through ritual, drumming, sound healing; energy healing modalities, creative arts, and heart centered sharing.

This retreat will aid you in learning to: listen and understand life's whispers, release old traumas, blockages, shift perspective and embrace life's experiences as opportunities and create new pathways to healing, abundance and inner peace.

Facilitators: Marcey DiCaro and Barbara Evans Levine plus guest presenters

When: Thursday, March 4 - Sunday, March 7, 2010
Schedule: Program begins Thursday @ 3:30 Ends Sunday @ noon.
Location: Holy Trinity Monastery, St. David, AZ
These beautiful grounds provide a setting for tranquil spiritual exploration. Healthy nutritious meals provided.



Costs: Food and lodging: \$165.00 for double occupancy
Limited single rooms for an additional fee.
Retreat Program: Early Bird before Feb.4 - \$245.00
After Feb. 4 - \$295.00

FOR MORE INFORMATION OR TO REGISTER:

Call Marcey @ 520-490-4149 or email Marcey@dearheartllc.com

\$100 deposit will hold your place (with a payment plan option)

Paypal @ our website ~ Checks payable to Dear Heart LLC

Visit: www.awakeningretreats.com

"The retreat that I attended helped me to create a life altering shift that I have needed for years. I was able to change my life! With the help of Marcey and Barbara, I was finally able to release some old and unhealthy patterns in my mind, body and spirit. I feel so much more joyful, free, and alive! I am so very grateful to Marcey and Barbara for the retreat; it has continued to bless and enrich my life! Thank you so much!" LK

